

# The Leadership Reality Principle

*The way to leadership wisdom starts with searching for the truth.  
What is really happening here? What can I do about it?*

The truth is that we often see only what we want to see. We choose to see a thing from a perspective of self-interest, self-protection and our view is too often self-serving. This can limit our potential as a leader.

As leaders we sometimes choose to see things in the light of our past experiences and preconceptions that color our thinking and judgement. We put convenient labels on people and events and see the label and not the person or event.

As a leader, we can't afford to not face reality.

- Focus on the facts
- Leave the past behind
- Find the evidence
- Don't apply labels too quickly
- Embrace the truth

Where do we find the truth as a leader? How do we know what is real versus what we hope is real? People misinterpret what happens in business all the time. Their inability to see clearly, results in constant problems and conflicts.

While we ignore reality or vainly hope that it will conform to our expectations, we condemn ourselves to disappointment and frustration as a leader.

The Leadership reality principle is fundamental to increasing your awareness and therefore effectiveness as a leader.

**Keep it real. Find the truth. Be a leader.**